



Erasmus+

# OUTDOOR EDUCATION

LET'S EXPLORE OUTSIDE THE  
SCHOOLS

TO HELP YOU DEVELOP OUTDOOR  
TEACHING SKILLS

*Cengiz Project*



*We'll work closely together for the EU's recovery and a green, digital & bright European future.*

Ursula von der Leyen  
President of the European  
Commission



## OVERVIEW

Outdoor education programs help teacher to link learning activities to four psychological foundations of learners: communication, perception, arousal, and motivation. Outdoor education activities enhance leadership skills, self-control, assertiveness, sense of empowerment, stress management skills and decision-making skills of learners. In addition, one of the most effective ways of environmental education is outdoor education approach.

One of the European Education Area dimensions is green transition. Education organizations are encouraged to contribute to this dimension through greening of education infrastructure and education for environmental sustainability by EU. Erasmus+ program supports the strategic priorities of the plan.

This course will cover the history, philosophy, advantages and disadvantages of outdoor education, theory of environmental education, designing, planning, delivering and assessing an outdoor education activity, outdoor education best practices in EU.

The participants will develop outdoor education program, tools, knowledge on how to integrate outdoor education in formal education.

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## **TARGET AUDIENCE**

Teachers, educational counsellors, headmasters, school management and administrative staff working in primary schools, middle schools, secondary schools, and vocational schools, NGO staff

2

## **LANGUAGE OF THE COURSE**

The course is held in English

3

## **METHODOLOGY**

The Erasmus+ program emphasis the course should be engaging and interactive, it should facilitate sharing and productive dialogue between participants. Thus, during the course active learning methods like case studies, role-playing, debate, brainstorming, round table, jigsaw, reverse brainstorming, discussion, group activity, concept mapping, and learning by doing will be preferred.

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## **COST**

The cost is fully covered by the Erasmus grant. The fee includes:

- Course and course materials

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## **LOCATION**

Ankara, the capital city of Turkey

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## LEARNING OUTCOMES

The participant will be able to:

- Learn the philosophy, theory, and practices of experiential education and environmental education.
- Gain knowledge about the theoretical basis of outdoor educational pedagogy, research and literature and advantages and disadvantages of outdoor education.
- Learn how to design, plan and deliver outdoor education activities.
- Acquire skills and tools to incorporate outdoor education in everyday teaching.
- Discover the ways to use outdoor education to contribute to personal, social and relational development of learners.
- Develop a risk management plan for outdoor education.
- Identify the ways to use outdoor education for environmental education.
- Acquire skills and tools to measure and assess outdoor education activities.
- Improve personal and professional skills in teaching outside the classroom.
- Enrich communication, team-working, active listening skills.
- Strengthen lifelong learning understanding.
- Improve foreign language competences.
- Appreciate social, linguistic, and cultural diversity.
- Increase motivation and satisfaction in their daily work.



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# 7 MODULES

Module 1: Experiential education - philosophy, theory, history, and practices

Module 2: Environmental education - philosophy, theory, history, and practices

Module 3: EU Education Area (Green education initiatives)

Module 4: Outdoor education - definition, history of development, demand, and important facts

Module 5: Outdoor education - advantages, disadvantages, and risks)

Module 6: The process of creating risk management plan for outdoor education program

Module 7: Measurement and assessment in outdoor education

Module 8: Designing, planning, and delivering an outdoor education activity

Module 9: Outdoor education best practices in EU



## **DAILY PROGRAMME**

### **DAY 1**

Participants arrival

Presentation: EU values, Turkish culture, course venue, timetable and practical arrangements

Erasmus+ program: objectives, priorities, actions

Group dynamic: Expectations & personal learning goals

Group dynamic: Communication process and team building values

City tour

Welcome dinner

### **DAY 2**

Module 1: Experiential education - philosophy, theory, history, and practices

Module 2: Environmental education - philosophy, theory, history, and practices

Module 3: EU Education Area (Green education initiatives)

Outdoor activity: Trekking in National Botanical Garden of Turkey

## *Konya Tropical Butterfly Garden, Turkey*



### **DAY 3**

Module 5: Outdoor education - definition, history of development, demand, and important facts

Module 4: Outdoor education - advantages, disadvantages, and risks

Outdoor activity: Trekking in Lake Eymir – examination of the lake's biodiversity and discussing the consequences of climate change and the ways to protect the rich biodiversity of lake ecosystems

### **DAY 4**

Module 6: The process of creating risk management plan for outdoor education program

Module 7: Measurement and assessment in outdoor education

Outdoor activity: A visit to a local school- Best practices for outdoor education design

## DAY 5:

Module 8: Designing, planning, and delivering an outdoor education activity

Module 9: Outdoor education best practices in EU

Outdoor activity: Workshops in Konya Tropical Butterfly Garden which has thousands of butterflies, insects and plants landed in 760 000 m<sup>2</sup>

-Environmental Education Workshop

-Gardening Workshop

## DAY 6:

Summary of key learning points

Final course evaluation and feedback

Planning dissemination activities

Validation of learning outcomes and handling certificates

Discussing possibilities for future cooperation

Cultural Activities

Leisure time

## DAY 7:

A guided tour to Cappadocia

Participants departure

**\*\*The daily programme can be personalized on participants' needs and expectations.**



*Cappadocia, Turkey*



# WHY SHOULD YOU WORK WITH CENGIZ PROJECT?

## Before mobility:

- We offer a transparent, accessible, and straightforward application process.
- We inform the participants about necessary preparation they need to accomplish.
- We address questions, and requests of the participants in an effective way.
- We share a list of services that the fee cover and inform the participants about any optional services that need to be paid separately.
- The participants have the possibility to cancel their participation at no extra costs and with at reasonable advance notice.

## During mobility:

- Our course combine theory with practical application and participants receive clear feedback about their improvement during the course.
- Our staff members create a supporting, positive and respectful learning environment. They can teach and interact with a multicultural audience and are proficient in English.
- We use digital tools and blended learning approach.
- We meet our participants from different countries and their Turkish colleagues and form heterogenous group to create cultural diversity thus our participants have networking opportunities.
- Our building is in a central location and is disabled friendly.
- We provide certification to the participant.

## After mobility:

- We offer guidance and materials to facilitate the transfer of acquired knowledge and competences into practice at the participants' institutions. They can use the materials for visibility and dissemination purposes.



# CONTACT US

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