

ACADEMIC COACHING



Target Audience

Teachers, educational counsellors, headmasters, school management and administrative staff, NGO staff

OVERVIEW

Coaching is a method of teaching and learning that draw on social constructivist learning theory. It offers the opportunity to improve self-monitoring by fostering habits that will identify deficits and create goals to mitigate them in the educational process.

Through academic coaching process, students can examine their learning styles, habits of studying, and current difficulties or barriers to success; understand how their use of time and levels of organization or disorganization impact their studies as a result they can create more effective strategies which provide academic success and satisfaction. The course offers theoretical basis and practices for educators to heighten awareness of students about what it takes for academic success with a supportive relationship, and personal accountability.

LANGUAGE

The course is held in English.



METHODOLOGY

Methods used during the course are case studies, role-playing, debate, brainstorming, round table, jigsaw, reverse brainstorming, discussion, group activity, presentation, concept mapping.

COST

The fee includes:

- Course materials
- Lunch
- Administrative support
- Europass and certificates
- City guided tours in Ankara and Cappadocia
- Airport transfer and transport

OBJECTIVES

Developing academic coaching competences;

- Understanding principles and ethical rules of academic coaching.
- Acquiring coaching skills such as active listening, setting smart goals, giving feedback,
- Creating coaching culture awareness in classroom.
- Analyzing connections between coaching, learning, improvement, success and resilience.
- Establishing a coaching pedagogy in the classroom.



Elaborating knowledge and understanding about motivation:

- Comparing theories of motivation.
- Explaining how to motivate students in the light of theories.
- Discovering ways of reinforcing students to develop positive self-worth and getting an insight how they learn better.

Gaining awareness about special needs of inclusive students, children of condemned parents, divorced parents and coming from child protection agency.

Enriching communication, team-working, active listening skills.

Improving foreign language competences.

Greater understanding social, linguistic and cultural diversity.

Strengthening lifelong learning understanding.

Increasing motivation and satisfaction in their daily work.

TOPICS

- Social constructivist learning theory
- Coaching: history, definition, strenghts and obstacles
- Theories of motivation
- Cognitive development and intellegence
- Assessment in coaching
- Coaching and resilience
- Empathy and active listening
- Coach- student- parent relationships
- Special needs of students with disadvantaged background
- Good practices for coaching in program countries and Europe
- Existing legislation and EU Data Protection Regulation (ENISA, CERT)

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DAILY PROGRAMME

DAY 1

Participants arrival
Presentation: EU values, Turkish culture, course venue, timetable and practical arrangements
Erasmus+ program: objectives, priorities, actions
Group dynamic: Expectations & personal learning goals
Group dynamic: Communication process and team building values
City tour
Welcome dinner

DAY 2

Module 1: Social constructivist learning theory
Module 2: Coaching: history, definition, strenghts and obstacle
Discussion: advantages and disadvantages of Academic Coaching

DAY 3

Module 3: Theories of motivation
Module 4: Cognitive development and intellegence
Module 5: Empathy and active listening
Outdoor activity: Active listening game

DAY 4

Module 6: Coaching and resilience
Module 7: Special needs of students with disadvantaged background
Outdoor activity: Mindfulness & Acceptance

DAY 5

Module 8: Coach- student- parent relationships
Module 9: Assessment in coaching
Outdoor activity: Visit a local school-
Best practices about Academic Coaching

DAY 6:

Module 10: Good practices for coaching in program countries and Europe
Summary of key learning points
Final course evaluation and feedback
Planning dissemination activities
Validation of learning outcomes and handling certificates
Discussing possibilities for future cooperation
Cultural Activities
Leisure time

DAY 7:

A guided tour to Cappadocia
Participants departure
****The daily programme can be personalized on participants' needs and expectations.**



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